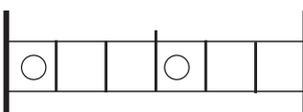
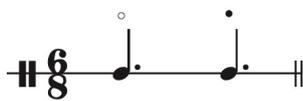
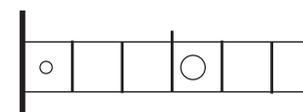
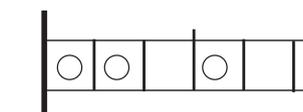
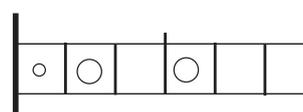
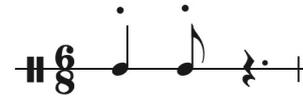
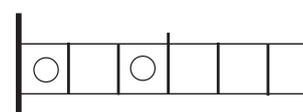
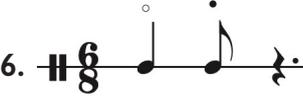
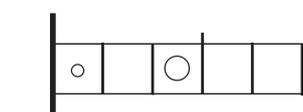


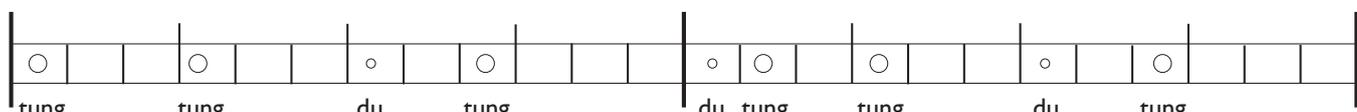
Vorübungen für den Samchae Grundrhythmus | Buk

3er Hoheup ♩. = 66

<p>1. </p> <p></p> <p>tung tung</p>	<p>2. </p> <p></p> <p>du tung</p>	<p>3. </p> <p></p> <p>tung tung tung</p>
<p>4. </p> <p></p> <p>du tung tung</p>	<p>5. </p> <p></p> <p>tung tung</p>	<p>6. </p> <p></p> <p>du tung</p>

TIP: Die Übungen Nummer 5 und 6 lassen sich sehr gut mit den Janggo Übungen Nummer 2, 3 und 4 kombinieren.

7. 



tung tung du tung du tung tung du tung